

Medication	Dose	Frequency

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Additional Information and Notes:

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**Nashoba Valley Medical Center**  
A STEWARD FAMILY HOSPITAL



200 Groton Road  
Ayer, MA 01469  
978-784-9421  
[www.nashobamed.org](http://www.nashobamed.org)

# My Personal History & Other Documentation

Name: \_\_\_\_\_



**Nashoba Valley Medical Center**  
A STEWARD FAMILY HOSPITAL



## Personal Information

Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Cell Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Sex:  Male  Female  
Organ Donor:  Yes No   
Blood Type: \_\_\_\_\_

## Emergency Contacts

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Cell Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Relationship: \_\_\_\_\_

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Cell Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Relationship: \_\_\_\_\_

## Doctors

Primary Care Physician: \_\_\_\_\_  
Primary Care Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Other Physician: \_\_\_\_\_  
Phone: ( \_\_\_\_ ) \_\_\_\_\_  
Pharmacy Name: \_\_\_\_\_  
Pharmacy Phone: ( \_\_\_\_ ) \_\_\_\_\_

## Allergies:

- |  |  |
|--|--|
| <input type="checkbox"/> None Known    | <input type="checkbox"/> Latex                   |
| <input type="checkbox"/> Aspirin       | <input type="checkbox"/> Lidocaine               |
| <input type="checkbox"/> Barbiturates  | <input type="checkbox"/> Morphine                |
| <input type="checkbox"/> Codeine       | <input type="checkbox"/> Novacaine               |
| <input type="checkbox"/> Demerol       | <input type="checkbox"/> Penicillin              |
| <input type="checkbox"/> Environmental | <input type="checkbox"/> Sulfa                   |
| <input type="checkbox"/> Horse Serum   | <input type="checkbox"/> Tetracycline            |
| <input type="checkbox"/> Insect Stings | <input type="checkbox"/> X-ray Dye/<br>Shellfish |
- Food: \_\_\_\_\_  
 Other: \_\_\_\_\_

## Primary Medical Insurance

Company: \_\_\_\_\_  
Policy Number: \_\_\_\_\_  
Medicare Number: \_\_\_\_\_  
Medicaid Number: \_\_\_\_\_

## Other Medical Insurance

Name: \_\_\_\_\_  
Policy Number: \_\_\_\_\_

## Other Information

Do you have an Advance Directive?  
 Yes  No

Where is it located? \_\_\_\_\_  
Religion: \_\_\_\_\_  
Living will on file at: \_\_\_\_\_  
Health care proxy on file at: \_\_\_\_\_  
\_\_\_\_\_ hospital.

## Medical History

- No Known Medical Conditions
- Abnormal EKG
- Adrenal Insufficiency
- Anemia
- Angina
- Asthma
- Bleeding Disorder
- Cancer
- Cardiac Arrhythmia
- Cataracts
- Circulation Problems
- Clotting Disorder
- Coronary Bypass Grafts
- Dementia / Alzheimer's
- Diabetes
- Eye Surgery
- Glaucoma
- Hearing Impaired
- Heart Attack / MI
- Heart Stents / Angioplasty
- Heart Valve Prosthesis
- Hemodialysis
- Hypertension
- Hypoglycemia
- Kidney Failure
- Leukemia / Lymphoma
- Memory Impaired
- Pacemaker / Defibrillator
- Seizure Disorder
- Stroke / TIA's
- Thyroid Problems
- Vision Impaired